

# MIGHTY WOMEN WORKSHOP

with Mary Lyn Jenkins & Big Fish Co.

PART 1



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# *Mighty Women* **WORKBOOK**

**Happiness and success is driven by the quality of your \_\_\_\_\_.**

1. On a scale of 1-7, how focused do you plan to be during this workshop?

Make a choice. \_\_\_\_\_

Now, make one adjustment to your environment that will move you to the best chance and maybe a higher number. \_\_\_\_\_

2. How much risk are you willing to take in this time with me? (1-7)

One is no risk at all; 7 is all in + all risk. Check in. \_\_\_\_\_

3. What is the one thing you're wishing to take with you from this workshop and from me? (what makes you think this is a good investment for you and your time?)

\_\_\_\_\_

\_\_\_\_\_ how we're showing up together before we get into the conversation itself.

**Mighty Women is designed to elevate your \_\_\_\_\_ for the power we have in \_\_\_\_\_.**

# MIGHTY WOMEN

## FOUNDATION OF SHARING

1

THE GOLDEN KEY IN SPEAKING

WHAT I CHOOSE TO REMEMBER....

IS WHAT YOU'RE SAYING REALLY WHAT YOU WANT TO BE CREATING?

# Journal

A large, empty rectangular box with a thin black border, intended for writing in the journal.A large, empty rectangular box with a thin black border, intended for writing in the journal.A large, empty rectangular box with a thin black border, intended for writing in the journal.

# MIGHTY WOMEN

## AT CAUSE & ORDER UP

2

HAVE A WILLINGNESS TO REFINE FROM RIGHT HERE.

WHAT I CHOOSE TO REMEMBER....

- 1.VISION
- 2.MARKET
- 3.EXCHANGE
- 4.CREATE
- 5.EXPENSE
- 6.RETURN

HOW DID YOU CHANGE THE RULES?

# Journal

I'm here to introduce the world to a better \_\_\_\_

I want to inspire individuals to express their \_\_\_\_\_

My 1-click solution is \_\_\_\_\_

It's necessary to have what I offer because \_\_\_\_

I'm on a mission to \_\_\_\_\_

I can help you

I can help you

I can help you create

I can help you

I can help you increase

I can help you

I can help you

I can help you

I can help you

I can help you build

I can help you

I can help you

I can help you sell

I can help you

I can help you

I can help you start

I can help you

I can help you put together

I can help you

I can help you recognize

*foundation & at cause + order up*

What matters to me right now?

What matters to me right now?

What matters to me right now?